



AMERICAN UNIVERSITY  
WASHINGTON, DC



2024-2025

**EAGLE FAMILY**  
**WEBINAR SERIES**

New Student and Family Programs

# AU Kitchen: Where Flavor Meets Community

## Eagle Family Webinar Series

January 15, 2025, start time 7:00 p.m. EST

We will begin shortly. This session is being recorded.



AMERICAN UNIVERSITY  
WASHINGTON, DC

# Introduction



Name: Ann Marie Powell

Title: Senior Director of Dining & Auxiliary Services

Department: Auxiliary Services



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# AU Kitchen: Where Flavor Meets Community



Connecting People Through Delicious Food



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# AU Kitchen Overview

Our Mission: To provide delightful culinary experience

Our Vision: To foster a sense of community

Food connects us all by creating a community and shared experiences through dining and campus partnerships.







# Meal Plans Options

- First year and Second year campus residents are required to have a meal plan
- First year students have the choice between the All Inclusive Premium and All Inclusive Plus plans
- Other students may choose any of the plans

## Fall 2024 / Spring 2025 Meal Plans

	All Inclusive Premium	All Inclusive Plus	All Inclusive Standard	All Inclusive Basic
Price	3,310	3,029	2,705	1,950
Dining Dollars	100	100	100	100
Required For	First year in campus housing		Second year in campus housing	
Available To	All students	All students	All students except First year in campus housing	
Terrace Dining	Unlimited access all days of the week		Unlimited access 5 days a week	Unlimited access 4 days a week
Retail Meal Exchange	3 per day	7 per week	5 per week	0
On Campus Mobile Ordering Credits	50	30	30	0
Guest Meal	10	6	6	0
Exclusive Event Access	Yes	Can buy tickets	Yes	Can buy tickets



# Terrace Dining Room (TDR)







# Retail Dining Locations

## Mary Graydon Center

**THE EATERY**

TERRACE DINING ROOM

**Panera**  
BREAD

true burger.



**THE HALAL SHACK**

**BABA'S**  
PIZZA

## Lydecker Tunnel



**SUBWAY**

**QDOBA**  
MEXICAN EATS



Eagle Express

## East Campus



EAST CAMPUS

## Kerwin Hall





# Campus Dietitian

- **Available for individual consultations to assist in:**
  - Navigating restrictive diets and preferences
  - Managing specific health conditions
  - Providing personalized nutrition guidance
  - General nutrition questions and feedback
- **On-campus food samplings & cooking demonstrations**
- **Partner with Academic Support and Access Center (ASAC) to facilitate dietary accommodations**





# Religious Accommodations

- Options for Halal and Kosher Meals
- Engagement with Student Organizations
- Flexibility in menu offering during religious observances





# Get Well Soon Meals

- Special meal delivery services for students who are unwell
- Nutritional meals designed for comfort and recovery
- Collaboration with Residential Life







# Community Engagement

- Dining Advisory Board (DAB)
- Eagles Helping Eagles Program
- Local partnership and collaborations
- Community Events and Teaching Kitchens







# Sustainability Efforts

- Waste Reduction Practices
- Sourcing Sustainable Ingredients (Airlie Farms)
- Eco-Friendly Packaging





# Takeaways

- 1. What are the Meal Plan options?**
- 2. Where Can The Meal Plan Be Used?**
- 3. Why are we committed to Healthy Eating & Sustainability?**



# Questions?





# Thank you!

- Email: [Mealplans@american.edu](mailto:Mealplans@american.edu)
- Campus Dietitian Contact: [dietitian@american.edu](mailto:dietitian@american.edu)
- [Dineoncampus.com/au](https://dineoncampus.com/au)
- Text to Chat for Feedback: 240-213-7870
- ASAC: [American.edu/provost/academic-access/](https://american.edu/provost/academic-access/)